



Welcome

Welcome to the University of Northern Iowa and Cedar Falls, Iowa! We are thrilled you've chosen to study with us, and we look forward to helping you have a wonderful experience here.

This guide is designed to provide information about selected UNI services and the university's surrounding area.

The Office of International Engagement (OIE):

- Provides comprehensive service and support to UNI international students, domestic English Learners, and visiting international scholars
- Provides English language instruction through the Culture and Intensive English Program (CIEP), immigration status advising, orientation and pre-arrival support, and student success initiatives
- / Leads the development of external and internal collaborations with international partners, cultural competency for students, faculty, and staff, and global awareness across the campus community

- / Is a point of contact for all international students and faculty
- / Helps new students to adjust to academic and social life at UNI
- Complies with government regulations and maintains your immigration status
- Offers resources about on- and off-campus resources and support services and here to answer any of your questions or help with any concerns. Good luck in all your endeavors, and we wish you the best in your studies at UNI!

CONTACT INFORMATION

Address:

113 Maucker Union Cedar Falls, IA 50614-0164 U.S.A.

Phone:

+1 (319) 273-6421

Office Hours:

Monday - Friday 8 a.m. – 4:30 p.m.













internationalengagement.uni.edu

If we are not in the office, feel free to reach us by emailing international@uni.edu, and one of our staff members will be in touch with you as soon as they are able!

We are so excited you've joined the global panther family! Stop by and visit!

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Welcome to the US

CULTURE SHOCK

Nearly every international experience a person is accompanied by an adjustment period when they arrive in the U.S. This is called "culture shock." The degree of "shock" depends on a variety of factors. Initially, students may feel excited and ready to experience new things in their new home. However, after a few days, students may become homesick, miss their family and friends, and feel frustrated, angry, anxious, or depressed.

To minimize the shock, we encourage you to keep in touch with family and friends back home and identify new sources of support at UNI. Becoming involved in campus or community activities, playing sports, or joining student organizations is a great way to make American friends. Surround yourself with familiar items from home, eat healthily, and get exercise. Remind yourself that culture shock is a typical experience! If your feelings of sadness, loneliness, and lack of motivation persist, talk to the UNI Counseling Center (https://counseling.uni.edu/) or the Director of International Engagement at carol.coronado@uni.edu.

GREETINGS AND CUSTOMS

Some things to expect in the Midwest:

- / Greetings might include questions such as "How are you?"
- / A handshake or hug (depending on the individual) comes with a greeting as well here in the Midwest
- / Less than 4 feet (121 cm) makes Americans uncomfortable (except when you are close friends/family members)
- / Affection in intimate relationships in public is acceptable (usually a hug, kiss, or hand-holding).

Americans place a high value on punctuality. If you make plans or an appointment with someone, you should be there when you say you will. More than ten minutes late is considered bad practice. Not showing up at all is considered rude, and the other person may never want to make plans or an appointment with you again. Suppose you realize you will be late. In that case, you should immediately call or email the other person, explain the situation, apologize, and ask if they would like to meet you another time.

American culture emphasizes individual responsibility and freedom to manage their own lives, make decisions, and accomplish their goals rather than as a group. People are valued for their choices and achieving their goals rather than as a group.

WEATHER

lowa is one of the few states in the US that truly experiences all four seasons. So make sure when packing you are prepared for hot and cold weather, and everything in between!

HERE'S WHAT TO BRING:

- / Things that Remind You of Home
- / Cultural Dress or Items to share YOUR Culture
- / Clothing for Hot Weather
- / Clothing for Cold Weather
- / Laptop or Tablet
- / Plug-in Converter

- / Passport
- / I-20
- / Immunization Records
- / Acceptance Letter
- / Visa
- / Cash

Practical Information

BANKING AND MONEY

Cedar Falls has many bank options in the area to open a savings or checking account. Key banks are U.S. Bank, Wells Fargo, and Green State. To open a bank account, you will need your passport and enrollment documentation from the university (ex., I-20 form).

Checking and savings accounts are the most common types of bank accounts for students. A checking account allows you to deposit money into the account and then use a debit card or write checks to make purchases, meaning you don't have to carry large amounts of cash. Savings accounts allow deposits to accumulate interest, but you may not be able to use a debit card or write checks to make purchases.

Online transfers between banks are becoming much more accessible. Many banks are international partners, so check with your home bank first. Your home country may or may not have a pre-partnership with one of these banks. Some things to keep in mind as you choose your banking:

- / Some banks offer free checking to students
- / Visa and MasterCard debit cards are accepted in most stores and restaurants
- / With a debit card, purchases are deducted from your account balance as they are made
- / Online banking is usually available with your account, so you can monitor your credit to avoid overdraft charges
- / Some banks have ATMs nationwide, which is convenient for domestic travel

CELL PHONES

The pay-as-you-go or prepaid plans are easier for international students because they do not require a social security number and/ or credit check. These pay-as-you-go pay plans use the same cell phone networks and offer the same services as contract plans. If you are bringing an unlocked cell phone from your home country and want to purchase a SIM card, some companies have this option, including Sprint, US Cellular, AT&T, Verizon, and T-Mobile.

HOUSING

The University of Northern lowa offers many living options on campus. With a mix of traditional halls, suite-style and apartment-style halls, and an apartment complex, students can find the accommodations and lifestyle they're looking for as they transition through college, all while placing them in the center of university life. For more information about on-campus housing, visit uhd.uni.edu.

If you live off campus, a wide range of living options are available. You can find some available housing in Cedar Falls at the following websites (Please note that links to any resource should not be interpreted as an endorsement of or contractual relation with any product, viewpoint, organization, or individual and International Engagement.)

- + https://www.rentcollegepads.com/
- + https://www.geislerproperties.com/
- http://edgerpm.com/
- + https://cedarvalleypropertymanagement.managebuilding.com/Resident/public/rental
- + http://www.rentcedarvalley.com/
- http://universitymanoronline.com/

RENTAL AGREEMENTS

Whether living on campus or off campus, you will have to sign a contract between the property owner (or UNI) and the renter (you). Leases are binding agreements that state that you must pay a set amount of money per month during the duration of the lease. Most leases offered for college living are either six months or 12 months. Properties off campus are usually for 12 months. Once you sign a leasing agreement, you are liable for rent payment. Typically, if you sign a lease, you are locked into that contract for the duration of the lease agreement, which is usually a year. If you leave before a leasing agreement is up, you are still responsible for the rent, and you are required by law to keep paying monthly rent until the end of your lease. You will also have to forfeit your security deposit and sometimes even pay for the legal representation of the landlord suing you. In short, before you sign a leasing agreement, make sure you are committed to living in the house/ apartment you pick for the period stated in the lease. Breaking the lease agreement could cost you a lot of money and ruin any future housing plans.

RESPONSIBILITIES OF J1 AND F1 STUDENTS

- Remain a full-time student (12 or more credit hours for undergraduate students or nine or more credit hours for graduate students)
- / Discuss with the Immigration Advisor any underenrollment BEFORE the semester begins or BEFORE you drop a course during the semester.
- / CIEP Students should contact the CIEP office staff if they have questions about full-time CIEP enrollment or enrollment in part-CIEP and part-credit-bearing courses
- / Never work off-campus without authorization from the Immigration & Advising Coordinator.
- / Check the program end date of your I-20 or DS-2019 form monthly and request an extension of your status at least two weeks **BEFORE** your document expires.
- / Make sure your passport is valid for at least six months. If it expires soon, the Office of International Engagement can help you find out how to renew your passport with the assistance of your country's embassy or designated consular office in the U.S.

- / Notify the Office of the Registrar of any change in your address as soon as it has occurred. You may do this in person by visiting their office at 227 Gilchrist Hall or using the electronic form available at MyUniverse; under My Page, My Personal Information; Update My Personal Information.
- / Notify the Immigration Advisor of a change of address within ten days of the change by completing the Change of Address Form.
- / Check your UNI e-mail account regularly.
- You have the right to be employed on-campus for up to 20 hours per week during academic semesters and up to 40 hours a week between semesters and over the summer vacation.
- / You must speak with the Immigration & Advising Coordinator if you are taking a course that requires an off-campus internship or if an internship or similar work project is required for your degree program. Do this before the semester when this internship is scheduled to take place. You need to have internship authorization prior to the start of the internship.

U-BILL PAYMENTS

The university partners with **Flywire** for a cost-effective way for international students to wire money from their home country bank. Students will be offered excellent exchange rates allowing them to pay in their home country's currency (in most cases and save a significant amount of money compared to traditional bank wire costs.) Visit flywire.com/pay/uni to register.

Your U-Bill will be available to view in your MyUNIverse Student Center before the beginning of the semester, and payments are due on the 20th of each month until the payment is complete. To enroll in the 5-month payment plan, sign up in your Student Center before the deadline. If you have any questions, please contact student.accounts@uni.edu or call 319-273-2164.

Being a student in the US

THE BASICS: COLLEGE IN THE US

At UNI, your success is important to us. Professors and staff take time to meet you and help, give personal attention, and answer any questions or concerns you may have. Classroom experiences can vary widely, with some courses taking a more discussion-based approach while others are more traditional lecture courses. The informal classroom environment upholds the high academic expectations of the faculty. Creativity, individualism, and open-mindedness are encouraged.

It is important that you attend your classes and that you arrive on time. Many professors require attendance, and they make it part of the final grade. Your professor will get to class about five minutes before class starts, so make sure you arrive somewhere around that time to prepare yourself for class. Make sure to take notes because this will help you study and for exams. Be sure to notify your professor beforehand if you will be absent or late for class. It is helpful to exchange contact information with fellow students to catch up on homework or notes you missed in class.

UNI expects students to fulfill their academic obligations through honest and independent effort. If you know the expectations and rules, then you can be a better student. Any dishonesty or violation of academic codes and ethics is considered a serious offense and is subject to strong disciplinary actions https://policies.uni.edu/301. Some examples of academic misconduct are the following:

Plagiarism — Plagiarize means copying information word for word without acknowledging the source; presenting someone else's work as one's work; reproducing any form without proper citation. Such actions are considered academic dishonesty and can lead to severe consequences like grade reduction, course failure, suspension, and expulsion from UNI. Actions that can lead to plagiarism are:

Misrepresentation — Taking credit for work one didn't do, such as taking credit for a team assignment without participating or contributing as expected by one's instructor or group.

Fabrication — Presenting falsified data in a paper, manuscript, or presentation.

Cheating — Copying from someone else's assignment, essay, quiz, or exam.

Impeding fair and equal access —Tampering with, damaging, hiding, or otherwise interfering with students' access to library materials or other related academic resources.

Falsifying, misusing, or tampering with information — such as test scores, transcripts, letters of recommendation, or other materials required for admission to continue enrollment and access to the University's programs or facilities.

Citing takes place in oral and written presentations and adds support to your main argument using another's work as your evidence. Not citing correctly is considered plagiarism. If you need help with citing, contact the Learning Center (TLC) (https://tlc.uni.edu/) or reach out to our advising staff in the International Engagement Office. https://internationalengagement.uni.edu/student-success-and-retention-advising.

OIE ACADEMIC COACHING AND ADVISING

Our office wants to help with all things international, and academics is one of them! Throughout the year, we offer Academic Advising from some of our excellent teachers and staff members aimed at helping international students achieve academically and socially. Academic support is just as important as all the social opportunities we provide at our office. We offer online and in-person assistance with listening, speaking, reading, and writing.

Come to the Office of International Engagement (MAU113) for Academic Coaching. You are welcome to talk to us about advanced language support in grammar, reading, pronunciation, citations and research skills, listening and lecture note-taking, intercultural communication, or any other questions during this free walk-in coaching.

INTERNATIONAL STUDENT ORIENTATION

We can't wait to see you for International Student Orientation! In this section, you will find all the materials you need in addition to a schedule and outline of our activities. All Orientation sessions are planned and coordinated to get you started as a Panther. Our goals are to help you:

- / Adjust to academic and social life
- / Comply with government regulations and maintain your immigration status
- / Learn about on- and off-campus resources and support services
- Learn how to navigate the physical environment of the campus
- / Become more aware of the local community
- / Meet new people and make friends from around the world

Connect with other new students, current students, and staff, and learn more about what's happening on campus and at the Office of International Engagement. **Orientation is MANDATORY for all new international students!**

Additionally, all new international students will be charged a \$125 supplement fee, regardless of whether you attend Orientation, so make sure you arrive on time to get your money's worth. Sessions and workshops are tailored to international students and are a fantastic opportunity for you to engage with the current international community on our campus. Please ensure you arrive on campus on time to attend the sessions. Complete the International Engagement Arrival Form as soon as you know your travel dates to let us know when you are coming to UNI and registering for orientation.

The orientation schedule will note those whose sessions or events that are not mandatory. If you have questions about International Student Orientation, contact us at international@uni.edu. For more information on your orientation session, check out our orientation website.

ENGLISH REQUIREMENTS FOR INCOMING INTERNATIONAL STUDENTS

- / Please request the Educational Testing Service to forward your official TOEFL score directly to UNI.
- International students who are not native speakers of English must provide evidence of English language proficiency. Please go to https://intladm.uni.edu/english-proficiency for a list of English proficiency measures accepted by the University of Northern Iowa.
- International students who are not native speakers of English must provide evidence of English proficiency. Graduate students may submit TOEFL, IELTS, or Duolingo. Required scores can be found at www.uni.edu/intladm/graduate/majors
- / Conditional admission may be considered for students who are academically qualified but still need to meet the English proficiency requirement.

GETTING INVOLVED

Being involved is one of the more essential aspects of a college education. It provides opportunities for students to get involved in groups, events, and activities outside the classroom, allowing them to meet people, make connections, discover new experiences, and expose them to various skill sets, to assist them in their career development.

The Office of Student Involvement also deals with the following:

- / Student Organizations & Panther FYI
- / Northern Iowa Student Government (NISG)
- Campus Activities Board (CAB)
- / Homecoming
- / Panther Pantry
- / Student Leadership Awards

Panther FYI (Find Your Involvement) was created to provide UNI students the opportunity to connect with student organizations that match their interests. It also allows students to develop an out-of-the-classroom resume of their student organization involvement, volunteer engagement, and work experiences. You will even have the option to learn about each organization and contact them for more information. Get started today and explore all that UNI Student Life has to offer.

The Panther Pantry provides students in need with basic food and necessities. We recognize that to succeed in the classroom, and here at UNI, many students experiencing food insecurity need a place like the Panther Pantry to help provide access to food. The Pantry provides students with food and personal hygiene products to fill the gaps. Students for students staff the Pantry. During the hours of operation, any UNI student can stop by the Panther Pantry (located on the lower level of Maucker Union) and take whatever they need. There is no limit to the amount of food an individual can take. However, you must fill out a quick and easy intake form once a year to use the pantry.

Employment

WORKING ON CAMPUS

There are many opportunities for international students to work on campus. To find more information about what you need to do, visit https://uni.joinhandshake.com/stu To search for job options on campus, visit the UNI Career Services office at https://careerservices.uni.edu/campus-jobs.

WORKING OFF CAMPUS

F-1 students in Bachelor, Master, or Doctoral programs may apply for Optional Practical Training or OPT. This is 12 months during which students can gain work experience in their fields of study upon completing a degree or while still meeting their degree. To apply for OPT, please make an appointment to visit the Immigration & Advising Coordinator Edyta Cichon(edyta.cichon@uni.edu) at the International Engagement Office.

SOCIAL SECURITY NUMBERS

This is a type of taxpayer identification number that is required for F-1 and J-1 students who will be employed on campus. SSNs are assigned by the U.S. Social Security Administration, and **they are only available for international students who have been hired as on-campus employees, including graduate assistants.** Students who are not employed are not eligible for SSNs. An SSN is not necessary for lowa Driver's Licenses, apartment leases, bank accounts, and other personal business.

When an international student obtains an initial job offer on campus, the student must meet with Cheryl Klahsen in the Office of Business Operations – Payroll to verify employment eligibility and complete tax forms. Then, contact Cheryl at cheryl.klahsen@uni.edu to make an appointment. This must be completed before beginning work. After this meeting, some processing will take place. The International Engagement Office will contact the student within two weeks with instructions about how to apply for the SSN and the required documentation will be provided.

Campus resources

HEALTH CARE AND INSURANCE

Costs associated with health care in the United States can be substantial. Insurance is designed to protect individuals from the extraordinary costs associated with severe medical emergencies. To provide a safe and healthy environment to all students. UNI has an on-campus health clinic with full-time medical doctors and nurses. Health insurance is mandatory for all international students. https://health.uni.edu/insurance/international

SHIP Insurance: The University of Northern Iowa requires international students entering the University to purchase the Student Health Insurance Plan (SHIP) provided by the Student Health Clinic. For more information, please see the University Policy 3.16: International Students Health Insurance Policy Requirements. Please contact Connie Potter (connie.potter@uni. edu) for questions.

Health Screening: All UNI students must submit proof of two measles, mumps, and rubella vaccinations. In your admissions packet, you have received more detailed information on how to fulfill this requirement. During orientation, students will be required to participate in a mandatory health screening for tuberculosis.

UNI BOOKSTORE | 007 ITTC | 319-273-2665

Visit the UNI Bookstore Website to get all the information you need about your course materials! Order your course materials now for the most used book selection! All course materials are tax-free! Charge your course materials and school supplies to your U-Bill and have them shipped or ready for pickup before the beginning of the semester.

WELLNESS AND RECREATIONS SERVICES | 007 ITTC | 319-273-3406

The Wellness/Recreation Center (WRC) is the fitness hub of campus. Students have access to this center at no additional cost.

There is a pool, rock wall, indoor track, numerous courts, free weight room, fitness center, and functional fitness room for students. In addition, students can check out equipment such as basketballs for FREE. You can access the WRC using your UNI ID.

Continue playing your favorite sports, or try something new! Playing **intramural sports** is a great way to meet new friends and stay active. Several sports are available, from basketball and soccer to ninja warrior and capture the flag. More information about how to sign up can be found on the Intramural Sports webpage.

Sport Clubs are co-ed, competitive student-led organizations designed to be an athletic alternative that bridges the gap between the existing intramural and intercollegiate athletic programs. With the support of a Recreation Service professional staff member, student volunteers govern, organize, and coordinate the sports clubs. Through sports clubs, students gain experience in leadership, problem-solving, budgeting, time management, and non-profit governance.

STUDENT WELLNESS SERVICES | 007 ITTC | 319-273-3406

Student Wellness Services supports UNI students' journey toward optimal health and well-being! Student Wellness Services is located on the first floor of the Student Health Center. Our staff is available to help you find balance, seek growth within the eight dimensions of wellness, and support you on your road to wellness. We are here to help you thrive at UNI and beyond! Our services include in-person and virtual programs, events, wellness campaigns, and wellness coaching sessions.

Wellness coaching is a confidential service available to all UNI students, covered under the mandatory health fee. Our wellness coaches provide individual sessions (in-person or virtual) to help you explore your character strengths, apply them to strategic wellness goals and connect you to on-campus resources.

ACADEMIC ADVISING | 007 ITTC | 319-273-3406

The Office of Academic Advising is available to assist all students on campus. Our academic advisors are available to help students:

- Register for classes and adjust class schedules,
- / Change or explore majors,
- / Understand degree requirements,
- Get connected to campus resources.

They strive to connect students to different possibilities in majors and careers while helping them with their academic success. Even if you are not assigned to one of our academic advisors, we're happy to help answer your questions!

THE LEARNING CENTER | 261 ROD LIBRARY LEARNING COMMONS | 319-273-6023

The Academic Learning Center (ALC) is located on the main floor of the Rod Library at the Rod Library Learning Commons. The ALC helps students become effective learners and succeed academically. They provide free services such as tutoring, workshops, and personal advice for all academic disciplines.

ROD LIBRARY | 319-273-2838

Rod Library's mission is to empower and inspire our community to discover, imagine, create, and innovate. Our spaces, people, and services are here to support your academic and information needs. Items you might not think of are laptops, phone charges, umbrellas, bicycles, and popular DVDs.

Book Bistro: Visit the Book Bistro Café on the main floor of Rod Library for food and drinks. This food location accepts Dining Dollars, Card/Cash Payment, and U-bill charges.

CAREER SERVICES | 102 GILCHRIST HALL | 319-273-6857

The Office of Career Services assists students in developing career skills employers and graduate schools value. Experienced staff guides students to be career ready through career decision-making tools, job search strategies, and overall career preparation.

COUNSELING CENTER | 103 STUDENT HEALTH CLINIC | 319-273-2676

The UNI Counseling Center is located on the 2nd floor of the Student Health Clinic and is open Monday-Friday from 8:00-4:30 when classes are in session. The Counseling Center provides the following services:

- / Initial assessments and recommendations
- / Individual and group counseling
- / Walk-in crisis services from 10:00 2:30 when classes are in session.
- / Consultations with parents, students, faculty, and staff.

The Counseling Center offers numerous mental health training and participates in events on campus to help educate students, faculty, and staff on mental health topics and suicide prevention to build a culture of care at UNI.

STUDENT HEALTH CLINIC | 005 STUDENT HEALTH CENTER | 319-273-2009

The Student Health Clinic functions as a general medical clinic. It provides evaluation and treatment for various health concerns, such as routine health exams, illness or injury evaluations, and care coordination for chronic medical issues.

STUDENT ACCESSIBILITY SERVICES | 118 GILCHRIST | 319-273 - 2677

*For deaf or hard of hearing, use Relay 711.

Student Accessibility Services works collaboratively with students, faculty, and staff to remove barriers to access for students with disabilities within the academic, programmatic, housing, and dining environments. If you are an individual with a disability, Student Accessibility Services (SAS) would like to meet with you before starting your first semester. This creates the opportunity to make a plan to remove barriers, accessing and coordinating any accommodations before moving to campus.

UNI PUBLIC SAFETY (24 HOURS) | 30 GILCHRIST HALL | (319) 273-2712

The Department of Public Safety offers a full range of public safety services to the students, staff, and faculty affiliated with the university. Police officers patrol on foot, by bicycle, and by motor vehicles 24 hours a day. The UNI Police Division is a 24-hour law enforcement agency that employs 18 sworn and fully certified police officers, trained and accredited police dispatchers, and trained students to provide various services to the UNI community. Officers are supplemented by our Student Patrol, composed of 15 to 20 students who assist in providing non-law enforcement services to the campus community. The primary concern of the UNI Police Division is the safety and well-being of all students, faculty, staff, and visitors to UNI. The Police Division aims to protect life and property, deter/prevent crime and enforce laws and regulations. The varied needs of the diverse university community are served through a commitment to education and training. Police officers present dozens of programs annually on crime prevention, victim rights, self-defense, and alcohol education; for emergencies, call 9-1-1 or the UNI police at 319-273-2712.

INFORMATION TECHNOLOGY | 36 ITTC (INNOVATIVE TEACHING AND TECHNOLOGY CENTER) | 319-273-5555

IT assists in technology, eLearning, computer security, wireless internet, software and hardware, multimedia, MyUNIverse, and much more.

CENTER FOR MULTICULTURAL EDUCATION (CME) | 109 MAUCKER UNION | 319-273-2250

The CME advances inclusion and social justice through advocacy and support of underrepresented and marginalized students, provides diversity education for the community, promotes a safe and welcoming environment, and fosters a sense of belonging and respect for all peoples and cultures.

GENDER AND SEXUALITY SERVICES | 111 N MAUCKER UNION | 319-273-5428

Gender & Sexuality Services (GSS) is the hub of LGBTQ+ resources and advocacy on UNI's campus. We proudly serve any who identify within the LGBTQ+ community, are exploring their identities, or have questions about how to support their LGBTQ+ loved ones. We know the importance of having a community that embraces you, and we invite you to check out our space on the top floor of the Maucker Union, next to NISG's office. Our space is open anytime the main part of the Union is open and is a great place to meet friends, relax, or seek support.

OFFICE OF STUDENT LIFE | 063 MAUCKER UNION | 319-273-2256

Student life at UNI offers opportunities to make new friends and lasting memories. Visit this office to learn more about how you can join student organizations and other campus programs during your time at UNI.

FINANCIAL AID OFFICE | 105 GILCHRIST | 319-273-2700

The Financial Aid office assists students with scholarships, U-Bill payments, and other related services.

DEAN OF STUDENTS OFFICE | 118 GILCHRIST | 319-273-2332

The Dean of Students Office provides support and services to students experiencing crises or points of concern.

Local information

BUS SYSTEM

If you live on campus or close to campus, you can easily walk to class. You can also take the Metropolitan Transit bus.

- / Route 9 (Purple) and Route 10 (Gold) are good bus routes for UNI and surrounding areas for shopping, such as Wal-Mart and Crossroads Mall.
- / For full route information, visit the Metropolitan Transit Authority: http://www.mettransit.org/

AIRPORTS IN THE AREA

Waterloo Airport - 2790 Livingston Ln, Waterloo, IA 50703.

/ This airport is about 10 minutes by car from UNI.

Eastern Iowa Airport - 2121 Arthur Collins Pkwy SW, Cedar Rapids, IA 52404

/ The airport is located in Cedar Rapids, approximately 1 hour by car from Cedar Falls. Greyhound bus service provides services between the two towns.

Des Moines International Airport - 5800 Fleur Dr, Des Moines, IA 50321

/ The Des Moines Airport is located about 2 hours by car from Cedar Falls. There is a bus service between Des Moines and Waterloo called Greyhound. To book your ticket, visit https://www.greyhound.com/

Chicago O'Hare International Airport

/ Chicago is 277 miles (445 km) southwest of Cedar Falls. Greyhound bus transportation service provides bus services from Waterloo, IA to this location.

FOOD LOCATIONS CLOSE TO CAMPUS

- Sub City Sandwiches (319) 277- 7071
- / Domino's Pizza Pizza/Pasta (319)- 266-3333
- / Kwik Star 24/7 Convenience Store/Gas Station (319) 277-7226
- / Masala Grill: Pakistani/Indian (Halal) (319) 277-3227
- / Sidecar Coffee (319) 242-7278
- / Chad's Pizza (319) 242-2263
- / Great Wall Chinese (319) 277- 8899
- / Greenhouse Kitchen- Salads/ Bowls
- / Oh My Grill (Halal)

EVENTS AT UNI

There are a variety of things to do on and off-campus here in Cedar Falls! Find out about activities campus-wide at calendar. uni.edu, check out our social media (@ie_uni and UNI Office of International Engagement) for our programming and events, and for events going on in the area, check out the Cedar Valley Calendar of Events

SHOPPING AREAS AROUND CAMPUS AND CEDAR FALLS

- / Downtown Cedar Falls (https://www.cedarfallstourism.org) Downtown Cedar Falls is where the fun happens! With 30+ unique shops, boutiques, and 20+ bars, cafes, and restaurants, you'll enjoy our Downtown Arts and Entertainment District from early morning to late night.
- / Viking Plaza/Rd
- / College Square

CEDAR VALLEY HIGHLIGHTS

- / Marcus Theatres is in College Square. The theater offers \$5 student Tuesdays; every movie ticket is \$5, and you get free small popcorn. Thursday nights are \$7.50 movie nights: https://www.marcustheatres.com/theatre-locations/college-square-cedar-falls
- / Cedar Valley Arboretum
- / John Deere Museum
- / Hiking and Biking Trails

